

PTC Nepal

Brief overview

It was in the year 2003 that PTC Foundation conducted the first course , a two day course followed by one day instructor course. Dr Bruce Lister from Australia was the main instructor. A meeting of the newly made instructors agreed to take PTC forward in Nepal Dr Rajesh Gongal was made the chairperson and given the responsibility to organize the courses. That year five courses were conducted successfully.

The few instructors who were very active from the initial days were Dr Charlie Collins(who was working with the INF and who has now returned to UK) , Dr Buland Thapa, Dr Pradeep Vaidya and Dr Rajesh Gongal. It was our intention to do six courses a year with one course outside Kathmandu Valley.

In the year 2004, another instructor course was conducted again with the help of Dr Bruce Lister and Wayne Morris . This time participants were invited from places outside Kathmandu Valley like Pokhara, Tansen, Dharan .Because of this we were able to conduct courses later that year in Tansen and BPKoirala institute of health Sciences in Dharan. Prof. Owen Lewis a GP from Australia and Dr Gyanendra Malla took great interest and initiative and have conducted several courses including a instructor course. BPKIHS in Dharan is now conducting course independently without any help from the centre. Seven courses were conducted in the Year 2004. An instructor course has also been held in BPKIHS increasing the pool of instructors.

Similar level of activities went on in 2005 and 2006 in spite of lot of political turmoil and armed rebellion in the country.

Another instructor course was held in 2007 with participants from Kathmandu, Pokhara, Tansen, Biratnagar. Tansen has already conducted a course with the new instructors which was overseen by Dr Bruce Hayes , who had been an instructor from the very beginning.

Similarly another course was conducted in Patan hospital which was organized completely by what I would like to call second generation instructors who are at the level of registrars. They organized and executed the course very well and the feedback received from the participants were as good as that received when the course was conducted by the more seasoned instructors. The enthusiasm of these instructors is very encouraging indeed. This is a very positive sign and ensures the future and continuity of PTC in Nepal.

Details of courses conducted from 2004 -2007

Year 2004 ;

1.

Date : Jan 17 & 18

Venue: Bir Hospital , Kathmandu

Number of participants : 15 , all doctors from different hospitals of Kathmandu.

2.

Date :May 12 & 13

Venue: Bir Hospital

Number of participants :15, all doctors , all senior doctors from Dharan (eastern Nepal), Pokhara (mid Nepal) and Tansen (mid Nepal) and some from Kathmandu. All hand picked to make them instructors

3.

Date :May 14

Venue: Bir Hospital

Number of participants :17

This was the second instructor course in Nepal

4.

Date :May 16 & 17

Venue: Tribhuvan University Teaching Hospital(TUTH), Kathmandu

Number of participants :21, all doctors from different hospitals of Kathmandu.

5.

Date :July 14 and 15

Venue: Kathmandu Medical college (KMC)

Number of participants : 19, all doctors from different hospitals of Kathmandu.

6.

Date :September 22 & 23

Venue: United Mission hospital Tansen

Number of participants :18, all doctors mostly from same hospital , also two from another district

7.

Date; November 2 & 3

Venue; Patan Hospital

Number of participants :23, all doctors from different hospitals of Kathmandu.

8.

Date; Nov 21 & 22

Venue; BP koirala Institute of Health Sciences (BPKIHS)

Number of participants :18 participants ,of which 16 doctors and 2 ER nurses

9.

Date; Nov 23 & 24

Venue; BPKIHS

Number of participants :14 of which 13 doctors and 1 nurse (doctors also from near by district hospitals)

Year 2005

1.

Date; January 25 & 26

Venue; KMC , Kathmandu

Number of participants :22, all doctors from different hospitals of Kathmandu.

2.

Date; April 2 & 3

Venue; TUTH, Kathmandu

Number of participants :23, all doctors from different hospitals of Kathmandu.

3

Date; June 27 & 28

Venue; Patan hospital,

Number of participants :15 ,all doctors from different hospitals of Kathmandu.

4.

Date; September 8 & 9

Venue; Manipal teaching Hospital, Pokhara

Number of participants : 21, all doctors , mostly from same hospital, but few from Another regional hospital of Pokhara, one doctor from Tansen and one doctor flew from Kathmandu to attend the course.

Year 2006

1.

Date; Feb 12 & 13

Venue; BPKIHS , Dharan

Number of participants : 25 participants : 18 doctors, 5 nurses, 2 OT Technicians

2.

Date; Feb 15 & 16

Venue; Mechi Zonal Hospital, Bhadrapur , Jhapa

Number of participants :27 participants : 2 doctors, 15 nurses, 10 Auxillary Health workers

3

Date; February 22 & 23

Venue; Kosi Zonal Hospital , Biratnagar

Number of participants : 17 participants : 10 doctors, 4 nurses, 3 AHW

4.

Date; Feb 28 & March 1

Venue; Sagarmatha Zonal Hospital

Number of participants : 19 participants: 1 doctor, 1 nurse, 17 AHW

5.

Date; June 7 & 8

Venue; Patan Hospital, Kathmandu

Number of participants : 20 participants, all doctors from different hospitals of Kathmandu.

6.

Date; August 9 & 10

Venue; Kathmandu Medical Colleg, Kathmandu

Number of participants : 19 participants, , all doctors from different hospitals of Kathmandu.

7.

Date; October 15 & 16

Venue; TUTH, Kathmandu

Number of participants 20 participants, all senior doctors :from kathmandu and other districts like Bharatpur,

8.

Date; October 17

Venue; TUTH

Number of participants : 25 participants , all senior doctors from Kathmandu, Pokhra, and Bharatpur

9.

Date: December 19 & 20

Venue: Patan hospital, Kathmandu

Number of participants : 18 participants , all doctors from different hospitals of Kathmandu.

10.

Date: December 24 & 25

Venue: BPKIHS, Dharan

Number of participants :24 participants , 13 doctors and 7 nurses , 4 OT technicians

Year 2007

1.

Date; Febraury 13 & 14

Venue; Patan Hospital, Kathmandu

Number of participants :24 , all doctors from different hospitals of Kathmandu.

2.

Date; March 30 & 31

Venue; Patan Hospital

Number of participants :21 , all senior doctors, mostly from kathmandu, some from tansen, Pokhra and Biratnagar

3.

Instructor course

Date; April 1

Venue; Patan Hospital

Number of participants :30 , all doctors

4.

Date: June 19 & 20

Venue: Patan hospital, Kathmandu

Number of participants :19 participants , 16 doctors and 3 nurses from Emergency Dept.

List of Instructors

name	e-mail	speciality	hospital
Rajesh Gongal	rajgongal@yahoo.com	surgeon	Patan Hospital
Pradeep Vaidya	praidya@yahoo.com	surgeon	TUTH
Buland Thapa	buland2059@yahoo.co.in	Orthopedic surgeon	Bir Hospital
Bruce Hayes	blhayes@wlink.com.np	Gen. Practitioner	Patan Hospital
Sunil Sharma	samknp@yahoo.com	surgeon	Kathmandu Medical College
Vinod Kumar Thapa		Orthopedic surgeon	Bheri Zonal Hospital
Rajesh Kr Paudel		Gen. Practitioner	BPKIHS

Shailesh Adhikary	shaileshadhikary@hotmail.com	surgeon	BPKIHS
Sumati Joshi	gsmalla@hotmail.com	anaesthetist	BPKIHS
Pradeep Gupta		Orthopedic surgeon	BPKIHS
Digvijaya timilsina	digvijay@cnet.wlink.com.np	surgeon	Pokhra
Shishir lakhey	slakhey64@yahoo.com	Orthopedic surgeon	Kathmandu Medical College
manish Shreshtha	manishtha@wlink.com.np	surgeon	Patan Hospital
BK yadav		Gen. Practitioner	Patan Hospital
Maurice Lee		anaesthetis	New Zeland
Resham B Rana	rebara@healthnet.org.np	anaesthetis	Bir Hospital
Paleswan Joshi		surgeon	TUTH
Sunita Maleku	sunita003@hotmail.com	anaesthetist	Bharatpur cancer hospital
Dr pramod Devkota		Orthopedic Surgeon	Patan Hospital
Dr Hemav Rajbhandari	hemu_rajbhandari@hotmail.com	Neurosurgeon	Kathmandu Model Hospital
Dr Bhim nath Kharel		surgeon	Kathmandu Model Hospital
Dr Akash Prajapati		Orthopedic Surgeon	Kathmandu Model Hospital
Dr Uday Koirala	udayakoirala@hotmail.com	Gen. Surgeon	Nepal Medical College
Dr Bimal Kr Pandey	bimalpandey@hotmail.com	Orthopedic Surgeon	Nepal Medical College
Dr Uday MS Dongol		Gen. Surgeon	Nepal Medical College
Dr Savana Sharma		GP	Tansen Hospital
Michael Puttick	puttix@aol.com	Gen. Surgeon	Tansen Hospital
Dr Sarah Scotbrom	puttix@aol.com	anaesthetist	Tansen Hospital
Dr Lawrie Mc Arthur	mcarthur@yakpost.net	GP	Tansen Hospital
Dr Manoj Kumar	mano1107@hotmail.com	Gen. Surgeon	PH
Dr Roshana Shrestha	roshanashrestha@yahoo.com	GP	Kathmandu Mode Hospital
DrRasmi Thapa	drrashmi_thapa@yahoo.com	GP	PH
Dr Rashila prdhan	drprakash@vianet.com	GP	PH
Dr Indu Napit	indranapit@yahoo.com	Orthopedic Surgeon	Tansen Hospital
Dr Samita Acharya	samitapant@hotmail.com	GP	PH
Dr Ramesh P Singh	rps2062@gmail.com	Orthopedic Surgeon	Nepal Medical College
DrAtesh Prajapati	akeshprajapti@hotmail.com	Orthopedic Surgeon	KMC
Prof. Subodh Adhikari	drsubodh@wlink.com.np	Surgeon	Bir Hospital
Dr G Gurung		Orthopedic Surgeon	Kosi Zonal hospital (Biratnagar)
Dr Arbin Joshi	joshiarbin@wlink.com.np	GP	Tansen Hospital
Dr Ishor Pradhan	ishor62@hotmail.com	Orthopedic Surgeon	B & B Hospital
Sanjay paudel	sanpak3003@yahoo.com	surgeon	Patan Hospital
Shail Rupakheti	shailrup@yahoo.com	surgeon	KMC
pukar maskey	docpukarmaskey@yahoo.com	surgeon	Patan Hospital

daisy saungraula		anaesthetist	NMC
aDhiresH Maharjan	maharjand25@yahoo.com	surgeon	B
Sunil Shrestha	phoolbari@yahoo.com	surgeon	NMC
Ramesh Bhandari	rameshbhandari2000@yahoo.com	surgeon	KMC
Prahlad chalise	prahlad_manu@yahoo.com	Orthopedic Surgeon	KMC
manohar Joshi	drmanoharjoshi@yahoo.com	Gen practitioner	Patan Hospital
Rabindra pradhan	rabi.ortho@gmail.com	Orthopedic Surgeon	KMC
iswor Ghimire		surgeon	Bharatpur cancer hospital
nabees M S Pradhan	nabeesman@yahoo.com	Orthopedic Surgeon	Patan Hospital
Sushil Dhawka	sushil.dawka@gmail.com	surgeon	Manipal meedical school, Pokhra
Rajaram Pai	paiajaram@rediffmail.com	Orthopedic Surgeon	Manipal meedical school, Pokhra
Binod Gautam	gautambinod@yahoo.com	anaesthetist	KMC
mukund Joshi	mukundrajjoshi@yahoo.com	surgeon	KMC
Sita Ram Shrestha	drshrshrestha@yahoo.co.in	Gen practitioner	Patan Hospital
jay Shah	jshah@wlink.com.np	surgeon	Patan Hospital
DV karkee	dvkarkee@gmail.com	surgeon	B & B Hospital
Bhola Shrestha	bhola2000@hotmail.com	Gen practitioner	Bharatpur cancer hospital
prabin Thapa	prabin_bt@rediffmail.com	surgeon	KMC
Rajeev Manadhar		Orthopedic Surgeon	KMC
saroj Dhital	drsdhital@wlink.com.np	surgeon	Kathmandu Model Hospital
Manohar Pradhan	manoharpradhan@hotmail.com	Gen practitioner	cms th
Shyam K Shrestha	smshrestha@gmail.com	surgeon	Bharatpur cancer hospital
owen lewis	owen_d-lewis@hotmail.com	Gen practitioner	BPKIHS
Gyanendra Malla	gsmalla@hotmail.com	Gen practitioner	BPKIHS

Feedback

The feed back from the courses have all been quite consistent and reflects the high quality of the instructors. We have made a slight modification to the feedback. The first question asked and the participant should fill it at the beginning of the course is their level of confidence in managing a multi trauma victim. The same question is asked at the end of the course and has always improved significantly.

We also ask if they would recommend this course to others and in 100% the answer has been an emphatic yes.

There is also a request to increase the scenario time. The details of lecture seem to be just right.

Financial summary

PTC Nepal is a non profit organization.

We charge the participants rs 500 (3 pounds)

We do not provide lunch but provide snacks and tea.

We save half the amount collected about 50pounds.

This saved amount is used for printing the handbook and travel to centre outside Kathmandu for conducting the course.

BPKIHS in Dharan which now runs course independently has been getting some financial support from WHO as there was some linkage between BPKIHS and WHO. Whether this will continue is not sure.

Tansen which has started doing its own courses also charge Rs 500 from the participants.

So, financially we are able to manage. It would be appropriate at this juncture to say thank you to PTC Foundation for providing us with two Resuc Annie and to INF for providing us with seed money to buy some required stuffs in the beginning.

Future Plans

We would like to develop more independent centers outside Kathmandu. At present BPKIHS in Dharan and Tansen Hospital in Tansen are the only ones doing the courses. There is already enough instructors in Pokhara and should be able to conduct the course. Another centre in far west Nepal is requesting for the course to be held there. The plan is to encourage various medical schools (There are about 14 medical schools in Nepal) to become centers of their own.

Last words

Thanks to PTC Foundation for an initiative that has made tremendous impact in managing trauma all over the world especially in the developing countries.

Prepared by:

Dr Rajesh N Gongal FRCS

Chairperson, PTC Nepal

Medical Director, Patan Hospital